Brought to you by
Downeast Farm to School
a project of
Healthy Acadia
and Washington County: One Community

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Downeast Directory of Food Producers
Local Food Producer List & Purchasing Guide for Schools in Hancock and Washington Counties
2013

Introduction ............ p. 1
Things to Consider ............ p. 2
Producers by Delivery Area:
  Hancock County ............ p. 3
  Washington County ............ p. 4
Producers by Product Type:
  Seafood Sources ............ p. 5
  Meat, Dairy, & Eggs ............ p. 5
  Vegetables ............ p. 6
  Berries & Fruits ............ p. 6
Alphabetical List of Producers ............ p. 7
Field Trip-Friendly Farms ............ p. 14
Healthy Acadia’s Farm to School Initiatives ............ p. 15
Introduction

The demand for local food among schools in Maine is rising. Maine schools spend millions of dollars on food each year; the collaborations between school food service staff and local producers make it possible for some of that money to stay in the state. By purchasing food from local producers, schools give students and staff healthier food options and more educational opportunities, and they support the local economy.

Since 2005, Healthy Acadia has been coordinating farm to school efforts in Hancock and Washington Counties through our Downeast Farm to School Program. The Farm to School staff work with 1) school cooks to support local food purchasing, 2) educators who teach about food systems and nutrition, and 3) producers to sell to nearby institutions.

This guide can be used as a resource for school food service staff who are looking to buy from local producers. Inside this directory you will find:

1. **Things to Consider** (p. 2)
   Recommendations for schools looking to purchase from local producers

2. **List of Producers** (p. 3-13)
   Local food producers listed by delivery area as well as product type, followed by an alphabetical catalogue

3. **Field Trip-Friendly Farms** (p. 14)
   A list of farms interested in hosting school field trips

4. **Opportunities to Increase Local Food Purchasing** (p. 15)
   Information about School Supported Agriculture Agreements, our Apple Project, and Maine Harvest Lunch

5. **Seasonal Availability of Maine Produce** (back cover)
   Find out when fruits and vegetables are in season

The 2013 Downeast Maine Directory of Producers was created by Downeast Farm to School, an initiative of Healthy Acadia and Washington County: One Community. The Downeast Farm to School staff are ready to provide support to school cooks and others who want to establish mutually beneficial purchasing relationships with local food producers. Feel free to contact us anytime with questions or for assistance!

Sincerely,

*Katie, Nikki, & Regina*
Things to Consider when purchasing locally produced food for schools

**COMMUNICATION:** Be sure to stay in touch with the producers you work with; they can provide weekly e-mails, faxes or phone calls. Ask them to let you know what is in season and any relevant information about the products.

**FLEXIBILITY:** Farmers do plan far in advance, but agriculture is never completely predictable! Weather and crop failure can affect what a farmer has available. Be ready to call on another farm if a certain crop is unavailable.

**TIMING:** Let the producer know when you would like to place and receive food orders. Connecting ahead of time will help - you will have more time to plan your meals.

**DELIVERY:** Talk to the producer about when and how often they will deliver. Let them know where to bring the product, and if it needs to be delivered during a certain time period. Ask for an invoice for each delivery.

**PRODUCT QUALITY and CONSISTENCY:** Ask that the products are packaged appropriately and washed for kitchen use. Let the producer know how you will be using their product (e.g. stir-fried vs. stuffed peppers).

**PRODUCT DIVERSITY and USE:** Buying local produce gives you access to varieties of food that often cannot be purchased in stores. Try new products and ask your producer for recipes.

**PRICE:** Ask for a price list from the producer. Recognize that local products may be more expensive than food you can buy from a wholesaler. If you are unsure whether or not produce is priced fairly, compare it to the price reports at www.mofga.org.

**SEASONALITY:** Many local producers are able to sell food during the school year. Find out from producers what products are available when; this will help you to plan ahead and be able to purchase more local food. If you have the capacity, consider purchasing local food at the height of the season and preserving for future use. Also, try to find local foods that are available year round such as milk, meat, and flour.

*Keep in mind:*

1. Be straightforward about your minimum requirements and desired producer profile
2. Be ready to ask questions to understand their situation
3. Work with your producer to agree upon good communication methods right away
### Deer Isle/Stonington
- Backstage Farm (7)
- Beal’s Lobster Pier (7)
- Blue-Zee Farm (7)
- Bradshaw’s Cran (8)
- Carding Brook Farm (8)
- Crown O’ Maine (9)
- Hackmatack Farm (9)
- Lucy’s Granola (10)
- ME Coast Sea Veg (10)
- Maine Shellfish (11)
- Hackmatack Farm (9)
- Queen’s End Farm (12)
- Simons Hancock (12)
- Wind and Sun (13)
- Yellow Birch Farm (13)

**Blue Hill Peninsula**
- Backstage Farm (7)
- Bagaduce Farm (7)
- Bartlett Field Farm (7)
- Beal’s Lobster Pier (7)
- Blue Sky Farm (8)
- Blue-Zee Farm (8)
- Bradshaw’s Cran (8)
- Burke Hill Farm (8)
- Carding Brook Farm (8)
- Clayfield Farm (8)
- Crossroad Farm (8)
- Crown O’ Maine (9)
- Five Star Nursery (9)
- Hackmatack Farm (9)
- Harborview Farm (10)
- Horsepower Farm (10)
- King Hill Farm (10)
- Lazy C Farm (11)
- Lucy’s Granola (10)
- ME Coast Sea Veg (10)
- Maine Shellfish (11)
- Maple Ridge Fish (11)
- Morgan Bay Farm (11)
- Moon Hill Farm (11)
- New Moornings (11)
- Old Ackley Farm (11)
- Painted Pepper (11)
- Peaked Mountain (12)
- Port Clyde Fresh (12)
- Roo Berry Farm (12)
- Shalom Orchard (12)
- Smith Family Farm (13)
- Tide Mill Creamery (13)
- Tide Mill Farm (13)
- Weber Farm (13)

### Ellsworth
- Backstage Farm (7)
- Blue Zee Farm (8)
- Bradshaw’s Cran (8)
- Brown Family (8)
- Burke Hill Farm (8)
- Crossroad Farm (8)
- Crown O’ Maine (9)
- Garden Side Dairy (9)
- Hackmatack Farm (9)
- Happy Town Farm (9)
- Kenon Farm (10)
- Lucy’s Granola (10)
- ME Coast Sea Veg (10)
- Main Shellfish (11)
- Mandala Farm (11)
- Mapleton Fish (11)
- Moon Hill Farm (11)
- Old Ackley Farm (11)
- Painted Pepper (11)
- Peaked Mountain (12)
- Port Clyde Fresh (12)
- Roo Berry Farm (12)
- Shalom Orchard (12)
- Smith Family Farm (13)
- Tide Mill Creamery (13)
- Tide Mill Farm (13)
- Weber Farm (13)

### Mount Desert Island
- Bar Harbor Comm. (7)
- Beal’s Lobster Pier (7)
- Beech Hill Farm (7)
- Bradshaw’s Cran (8)
- Crossroad Farm (8)
- Crown O’ Maine (9)
- Hackmatack Farm (9)
- Happy Town Farm (9)
- Lucy’s Granola (10)
- ME Coast Sea Veg (10)
- Maine Shellfish (11)
- Mandala Farm (11)
- Maple Ridge Fish (11)
- Old Ackley Farm (11)
- Painted Pepper (11)
- Papa Grew It (11)
- Peak Mountain (12)
- Port Clyde Fresh (12)
- Red Bird Farm (12)
- Roo Berry Farm (12)
- Salty Dog Farm (12)
- Shalom Orchard (12)
- Smith Family Farm (13)
- Simons Hancock (12)
- Tide Mill Creamery (13)
- Tide Mill Farm (13)

### Franklin/Sullivan
- Backstage Farm (7)
- Beal’s Lobster Pier (7)
- Bradshaw’s Cran (8)
- Crossroad Farm (8)
- Crown O’ Maine (9)
- Garden Side Dairy (9)
- ME Coast Sea Veg (10)
- Maine Shellfish (11)
- Mandala Farm (11)
- Painted Pepper (11)
- Peak Mountain (12)
- Roo Berry Farm (12)
- Simons Hancock (12)
- Tide Mill Farm (13)

### Schoodic Peninsula
- Beal’s Lobster Pier (7)
- Bradshaw’s Cran (8)
- Crossroad Farm (8)
- Crown O’ Maine (9)
- Darthia Farm (9)
- Garden Side Dairy (9)
- Johnson Family (12)
- ME Coast Sea Veg (10)
- Maine Shellfish (11)
- Mandala Farm (11)
- Maple Ridge Fish (11)
- Painted Pepper (12)
- Peak Mountain (12)
- Roo Berry Farm (12)
- Simons Hancock (12)
- Tide Mill Farm (13)

### Bucksport
- Backstage Farm (7)
- Beal’s Lobster Pier (7)
- Blue-Zee Farm (8)
- Bradshaw’s Cran (8)
- Crown O’ Maine (9)
- Fisher Farm (9)
- Gander Gardens (9)
- Hackmatack Farm (9)
- Happy Town Farm (9)
- King Hill Farm (10)
- Lucy’s Granola (10)
- ME Coast Sea Veg (10)
- Maine Shellfish (11)
- Maple Ridge Fish (11)
- Old Ackley Farm (11)
- Paul Trowbridge (12)
- Peaked Mountain (12)
- Port Clyde Fresh (12)
- Quill’s End Farm (12)
- Roo Berry Farm (12)
- Simons Hancock (12)
### Producers by Delivery Area: Washington County

*Directory page number is listed next to each producer for more information*

#### Calais
- Alice Farm (7)
- Bedlam Farm (7)
- Bradshaw's Cranberry (8)
- Brown Family Farm (8)
- Burke Hill Farm (8)
- Cranberry Dream (8)
- Cranberry Lane Farm (8)
- Crown O' Maine (9)
- Garden Side Dairy (9)
- Growing Concern Farm (9)
- Kendall Farm Cottages (10)
- Maine Coast Sea Veg (10)
- Maple Ridge Fisheries (11)
- Moon Hill Farm (11)
- Roo Berry Farm (12)
- The Andrews' Place (13)
- Tide Mill Creamery (13)
- Tide Mill Farm (13)

#### Eastport
- Alice Farm (7)
- Bradshaw's Cranberry (8)
- Brown Family Farm (8)
- Burke Hill Farm (8)
- Cranberry Lane Farm (8)
- Crown O' Maine (9)
- Garden Side Dairy (9)
- Growing Concern Farm (9)
- Maine Coast Sea Veg (10)
- Maple Ridge Fisheries (11)
- Moon Hill Farm (11)
- Robb Hill Farm (12)
- Roo Berry Farm (12)
- The Andrews' Place (13)
- Tide Mill Creamery (13)
- Tide Mill Farm (13)

#### Lubec
- Alice Farm (7)
- Bradshaw's Cranberry (8)
- Burke Hill Farm (8)
- Brown Family Farm (8)
- Crown O' Maine (9)
- Garden Side Dairy (9)
- Growing Concern Farm (9)
- Maine Coast Sea Veg (10)
- Maple Ridge Fisheries (11)
- Moon Hill Farm (11)
- Olde Sow Farm (11)
- Roo Berry Farm (12)
- Thyme's Up (13)
- Tide Mill Creamery (13)
- Tide Mill Farm (13)

#### Jonesport
- Bradshaw's Cranberry (8)
- Brown Family Farm (8)
- Burke Hill Farm (8)
- Crossroad Farm (8)
- Crown O' Maine (9)
- Folklore Farm (9)
- Garden Side Dairy (9)
- Intervale Farm (10)
- Maine Coast Sea Veg (10)
- Maple Ridge Fisheries (11)
- Moon Hill Farm (11)
- Roo Berry Farm (12)

#### Machias
- Alice Farm (7)
- Bedlam Farm (7)
- Bradshaw's Cranberry (8)
- Brown Family Farm (8)
- Burke Hill Farm (8)
- Crossroad Farm (8)
- Crown O' Maine (9)
- Folklore Farm (9)
- Garden Side Dairy (9)
- Growing Concern Farm (9)
- Intervale Farm (10)
- Kilby Ridge Farm (10)
- Maine Coast Sea Veg (10)
- Maple Ridge Fisheries (11)
- Moon Hill Farm (11)
- Painted Pepper Farm (11)
- Red Bird Farm (12)
- Roo Berry Farm (12)
- Salty Dog Farm (12)
- Tide Mill Creamery (13)
- Tide Mill Farm (13)

#### Western Washington Co.
- Beddington Ridge Farm (7)
- Bradshaw's Cranberry (8)
- Maine Coast Sea Veg (10)
- Maple Ridge Fisheries (11)
Producers by Product Type

Directory page number is listed next to each producer for more information

Seafood Sources:

Beal’s Lobster Pier (7)
Crown O’Maine Coop - distributor (9)
Maine Coast Sea Vegetables, Inc. (10)
Maine Shellfish Company (11)
Maple Ridge Farm and Fisheries (11)
Port Clyde Fresh Catch (12)

Meat, Dairy & Egg Producers:

Hancock County

Bagaduce Farm (7)
Bartlett Field Farm (7)
Crown O’Maine Coop - distributor (9)
Harborview Farm (10)
Kenona Farm (10)
King Hill Farm (10)
Old Ackley Farm (11)
Poland Family Farm (12)
Quill’s End Farm (12)
Smith Family Farm (13)

Washington County

Alice Farm (7)
Bedlam Farm (7)
Brown Family Farm (8)
Crown O’Maine Coop - distributor (9)
Garden Side Dairy at Hatch Knoll Farm (9)
Growing Concern Farm (9)
Olde Sow Farm (11)
Painted Pepper Farm (12)
Salty Dog Farm (12)
Tide Mill Creamery (13)
Tide Mill Farm (13)

Berry and Fruit Producers:

Hancock County

Backstage Farm (7)
Blue Sky Farm (8)
Blue-Zee Farm (8)
Clayfield Farm (8)
Crown of Maine - distributor (9)
Five Star Nursery (9)
Hackmatack Farm/ Blue Hill Berry Co. (9)
Johnson Family Farm (10)
Paul Trowbridge (12)
Peaked Mountain Farm (12)
Quill’s End Farm (12)
Shalom Orchard (12)
Simons Hancock Farm (13)
Stoneset Farm (13)
Wight’s Orchard (13)

Washington County

Alice Farm (7)
Beddington Ridge Farm (7)
Blue Barrens Farm (8)
Bradshaw’s Cranberry Farm (8)
Burke Hill Farm (8)
Cranberry Dream (8)
Crown of Maine - distributor (9)
Growing Concern Farm (9)
Gardenside Dairy at Hatch Knoll Farm (9)
Intervale Farm (10)
Kendall Farm Cottages (10)
Moon Hill Farm (11)
Roo Berry Farm (12)
Shore Road Farm (13)
### Vegetable Producers:

#### Hancock County

- Backstage Farm (7)
- Bar Harbor Community Farm (7)
- Bartlett Field Farm (7)
- Beech Hill Farm (7)
- Blue-Zee Farm (8)
- Carding Brook Farm (8)
- Clayfield Farm (8)
- Crown of Maine - distributor (9)
- Darthia Farm (9)
- Fisher Farm (9)
- Gander Gardens (9)
- Hackmatack Farm/ Blue Hill Berry Co. (9)
- Happy Town Farm (9)
- Horsepower Farm (10)
- Johnson Family Farm (10)
- King Hill Farm (10)
- Lazy C Farm (10)
- Mandala Farm (11)
- Morgan Bay Farm (11)
- New Moorings Farm (11)
- Old Ackley Farm (11)
- Papa Grew It at Deer Meadow (11)
- Poland Family Farm (12)
- Quill’s End Farm (12)
- Shalom Orchard (12)
- Simons Hancock Farm (13)
- Smith Family Farm (13)
- Weber Farm (13)
- Wind and Sun Farm (13)
- Yellow Birch Farm (13)

#### Washington County

- Alice Farm (7)
- Cranberry Lane Farm (8)
- Crossroad Farm (8)
- Crown of Maine - distributor (9)
- Folklore Farm (9)
- Growing Concern Farm (9)
- Kendall Farm Cottages (10)
- Kilby Ridge Farm (10)
- Red Bird Farm (12)
- Robb Hill Farm (12)
- Salty Dog Farm (12)
- Shore Road Farm (13)
- The Andrew’s Place (13)
- Thyme’s Up (13)
- Tide Mill Farm (13)

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**Other local foods to keep in mind:**

- honey, herbs, grains, nuts, maple syrup, and flour
Alphabetical List of Producers

The list is not comprehensive; if you have additions or corrections please contact Nikki at Healthy Acadia, nikki@healthyacadia.org.

Alice Farm
Geoffrey Johnson
214-0620; geoff@alicefarm.me
www.alicefarm.me
309 Flat Road, ALEXANDER
Vegetables, berries, eggs, & beef
Delivers weekly to: Calais, Machias, Eastport, Lubec, & within 30 miles of Alexander
Note: Some organic practices

Backstage Farm
Elena Bourakovsky
374-5057; backstagefarm@yahoo.com
1361 Pleasant Street, BLUE HILL
Vegetables & berries
Delivers weekly to: Deer Isle/Stonington, Blue Hill Peninsula, Franklin/Sullivan, Bucksport, Ellsworth
Note: Certified Naturally Grown

Bagaduce Farm
Deborah Evans
326-8624; bagaducefarm@gmail.com
Facebook: Bagaduce Farm
160 Henry Point Road, BROOKSVILLE
Pork & lamb
Delivers upon request to: Blue Hill Peninsula
Note: Certified Organic

Bar Harbor Community Farm
Glenon Friedman
479-2181; barharborfarm@gmail.com
Facebook: Bar Harbor Farm
7 Pine Street, BAR HARBOR
Vegetables
Delivers to: Mount Desert Island

Bartlett Field Farm
Joyce Barr
359-2319; portwatson@myfairpoint.net
Old County Road, BROOKLIN
Vegetables, eggs, & beef
Delivers upon request to: Blue Hill Peninsula

Beal’s Lobster Pier
244-3202; apoffice@bealslobster.com
www.bealslobster.com
PO Box 225, SOUTHWEST HARBOR
Seafood (lobster, scallops, & crab)
Delivers to: all of Hancock County

Beddington Ridge Farm
Ron & Carol Varin
638-2664; brfarm@rivah.net
www.beddingtonridgefarm.com
1951 State Hwy 193, BEDDINGTON
Blueberries, jam, herbs, & flowers
Delivers to: Western Washington County

Bedlam Farm
Chris Guida
726-4742; cpguida@gmail.com
311 South Edmunds Road, EDMUNDS
Lamb
Delivers monthly to: Calais, Edmunds, Machias

Beech Hill Farm
Tess Faller
244-5204; beechhillfarm@coa.edu
www.coa.edu/beechhillfarm
Box 171 Beech Hill Road, MOUNT DESERT
Vegetables
Delivers weekly to: Mount Desert Island
Note: Certified Organic
Blue Sky Farm
Costas & Sally Christ
326-9099; costas@beyondgreentravel.com
PO Box 175, BROOKSVILLE
Blueberries
Delivers weekly to: Blue Hill Peninsula
Note: Certified Organic

Blue-Zee Farm
Mark & Renata Scarano
374-9976; bluezeefarm@yahoo.com
Facebook: Blue Zee Farm
652 Front Ridge Road, PENOBSCOT
Vegetables & blueberries
Delivers upon request to: Blue Hill Peninsula, Ellsworth, Bucksport, Deer Isle/Stonington
Note: Certified Organic

Bradshaw's Cranberry Farm
Nan Bradshaw
726-5065; info@cranberriesfresh.com
www.cranberriesfresh.com
Hinckley Point Road, DENNYSVILLE
Cranberries
Delivers: upon request in fall (ships across Washington and Hancock Counties)

Brown Family Farm
Diane Brown
952-0200; tisawesomebar@aol.com
www.thebrownfamilyfarm.com
331 Smith Ridge Road, CHARLOTTE
Beef & eggs
Delivers quarterly: to regions throughout Hancock and Washington Counties

Burke Hill Farm
Ben Perrin
460-6215; burkehillfarm@gmail.com
520 Blackwoods Road, CHERRYFIELD
Blueberries
Delivers monthly: to regions throughout Hancock and Washington Counties
Note: Certified Organic

Carding Brook Farm
Jennifer Schroin & Jon Ellsworth
359-2326
4 Carlton Drive, BROOKLIN
Vegetables
Delivers weekly to: Deer Isle & Blue Hill Peninsula
Note: a small Certified Organic farm; products include specialty salad greens; cannot accommodate big orders

Clayfield Farm
Phil Norris
374-2159; phil@clayfieldfarm.net
www.clayfieldfarm.net
PO Box 17, EAST BLUE HILL
Vegetables & apples
Delivers to: Blue Hill Peninsula or by arrangement
Note: Organic growing practices

Cranberry Dream
Alden & Donna Mingo
454-7411
405 Shattuck Road, CALAIS
Blueberries & cranberries
Delivers to: Calais

Cranberry Lane Farm
Brian Cook
454-7023; cranberryln@gmail.com
39 Cranberry Lane, CALAIS
Vegetables
Delivers weekly to: Calais & Eastport

Crossroad Farm
Arnold Pearlman
497-2641
314 Cross Road, JONESPORT
Vegetables, berries, & apples
Delivers weekly to: Machias, Jonesport, Milbridge, Ellsworth, Mount Desert Island, Blue Hill Peninsula, Franklin, Schoodic Peninsula
Note: Certified Organic
Crown O' Maine Coop
Marada Cook
877-7444; marada@crownofmainecoop.com
www.crownofmainecoop.com
PO Box 4, VASSALBORO
Vegetables, fruit, meat, dairy, & grain
Delivers: to regions throughout Hancock and Washington Counties
Note: Company is a wholesaler of only Maine products, including producers listed here; carries Northern Girl vegetables which are cut and prepped for food service (www.northerngirlmaine.com); mostly Certified Organic

Darthia Farm
Ivelisse Rivera - manager
963-7771; darthiafarm@gmail.com
www.darthiafarm.com
51 Darthia Farm Road, GOULDSBORO
Vegetables
Delivers to: Schoodic Peninsula & Gouldsboro
Note: Certified Organic

Fisher Farm
Beth Haines
478-4803; beth@fisherfarmcsa.com
www.fisherfarmcsa.com
177 Coles Corner Road, WINTERPORT
Vegetables
Delivers to: Bucksport
Note: Certified Organic

Five Star Nursery
Leslie Cummins
359-2282
853 Bay Road, NORTH BROOKLIN
Apples & pears
Delivers to: Brooklin

Folklore Farm
Nicole DeBarber & Michael Hayden
203-228-8115; Folklore.Farm@gmail.com
Facebook: Folklore Farm
88 Pea Ridge Road, COLUMBIA
Vegetables
Delivers weekly to: Machias, Milbridge, Jonesport, Addison, Harrington, Cherryfield
Note: Certified Organic

Gander Gardens
Jim Nichols
567-3967; nicholsjim2@gmail.com
PO Box 11, SANDY POINT
Vegetables
Delivers weekly to: Bucksport
Note: Certified Organic

Garden Side Dairy at Hatch Knoll Farm
Kim & Don Roos
434-2674; kimroos@tds.net
www.hatchknollfarm.webs.com
29 Hatch Knoll Road, JONESBORO
Blueberries, fruit spreads, & goat milk products
Delivers weekly to: Machias, Milbridge, Lubec, Jonesport, Calais, Eastport, Schoodic Peninsula, Franklin, Ellsworth
Note: Bulk purchasing available

Growing Concern Farm and Nursery
Richard East
454-0183; growingconcern@usatel.net
www.growingconcern-maine.org
35 Manning Street, CALAIS
Vegetables, fruits, & eggs
Delivers weekly to: Machias, Eastport, Lubec, Calais

Hackmatack Farm & Blue Hill Berry Co.
Nicolas Lindholm & Ruth Fiske
326-0751; nicolas@bluehillberry.com
95 Dunbar Road, PENOBSCOT
Vegetables, berries, & fruit
Delivers weekly to: Ellsworth, Mount Desert Island, Bucksport, Deer Isle, Blue Hill Peninsula
Note: Certified Organic

Happy Town Farm
Paul & Karen Volckhausen
667-9212; pkvolckhausen@escrap.com
1138 Happy Town Road, ORLAND
Vegetables
Delivers weekly to: Bucksport, Ellsworth, Mount Desert Island
Note: Certified Organic
Harborview Farm  
Peter Vandereb  
326-8791; pvandereb@hvfarm.com  
913 Coastal Road, BROOKSVILLE  
Eggs  
Delivers weekly to: Blue Hill Peninsula

Horsepower Farm  
Andy & Donna Birdsall  
374-5273; horsepowerfarm@peoplepc.com  
56 Horsepower Farm Road, PENOBSCOT  
Vegetables  
Delivers weekly to: Blue Hill Peninsula  
Note: Certified Organic; storage crops available in the fall

Intervale Farm  
Hugh Lassen  
546-2589; intervale.lassen@gmail.com  
www.intervaleblueberryfarm.com  
199 North Main Street, CHERRYFIELD  
Blueberries  
Delivers to: Machias, Jonesport, Milbridge  
Note: Certified Organic

Johnson Family Farm  
Alison Johnson  
963-4147; farmingdowneast@myfairpoint.net  
www.farmingdowneast.com  
480 Main Street, BIRCH HARBOR  
Vegetables & berries  
Delivers to: Schoodic Peninsula

Kendall Farm Cottages  
Georgie Kendall  
853-6685; www.KendallFarmCottages.com  
20 Kendall Lane, PERRY  
Vegetables & apples  
Delivers weekly to: Perry, Pleasant Point, Robbinston

Kenona Farm  
Kenneth Silsby  
584-5642/460-5809 (c); kenonafarm@aol.com  
144 Moosehill Rd, OSBORN  
Goat milk & cheese  
Delivers weekly to: Ellsworth, Eastbrook/Amherst/Aurora  
Note: Fully licensed dairy

Kilby Ridge Farm  
Mark & Violet Willis  
726-4765; violetjwillis@yahoo.com  
www.kilbyridgefarmmaine.blogspot.com  
109 Main Street, DENNYSVILLE  
Vegetables, meat, & eggs  
Delivers weekly to: Machias & Calais

King Hill Farm  
Amanda Provencher & Paul Schultz  
326-9701; kinghillfarm@gmail.com  
www.kinghillfarm.com  
29 Faerie Kingdom Road, PENOBSCOT  
Vegetables & meat (beef & pork)  
Delivers bi-weekly to: Blue Hill, Penobscot, Bucksport  
Note: Certified Organic; reduced wholesale price on root crops (carrots, beets, parsnips, rutabagas, turnips) in the fall

Lazy C Farm  
Nancy Veilleux  
359-2152; lazycfarm@myfairpoint.net  
Route 175 Box 484, BROOKLIN  
Vegetables  
Delivers upon request to: Blue Hill Peninsula  
Note: Organic practices

Lucy’s Granola  
Lucy Benjamin  
374-2251; info@lucysgranola.com  
www.lucysgranola.com  
PO Box 53, EAST BLUE HILL  
Granola  
Delivers to: Deer Isle/Stonington, Blue Hill Peninsula, Bucksport, Ellsworth, Mount Desert Island

Maine Coast Sea Vegetables  
Seraphina Erhart  
565-2907 ext 303; Seraphina@seaveg.com  
www.seaveg.com  
3 Georges Pond Road, FRANKLIN  
Sea Chips, Kelp Krunch, dried sea vegetables, & sea seasonings  
Delivers: UPS Ground across Hancock and Washington Counties  
Note: Free samples for schools; recipes and suggestions for how to add to existing recipes available
**Maine Shellfish Company**  
Reginald Young  
667-5336; ryoung@meshellfish.com  
www.ipswichshellfish.com  
PO Box 397, ELLSWORTH  
Seafood  
Delivers weekly to: all of Hancock County  
Note: We purchase from small clam diggers, fishermen, and processors

**Mandala Farm**  
Sara Faull & Genio Bertin  
963-2984; info@mandalafarm.com  
www.mandalafarm.com  
46 Youngs Farm Road, GOULDSBORO  
Vegetables  
Delivers weekly to: Milbridge, Gouldsboro, Franklin, Ellsworth, Mount Desert Island  
Note: Certified Organic

**Maple Ridge Farm and Fisheries**  
Tracy & Jeremy Ames  
375-9090; tames9@roadrunner.com  
558 Sutherland Pond Road, SABATTUS  
Seafood (scallops, lobster)  
Delivers: by UPS or Fed Ex across Hancock and Washington counties

**Moon Hill Farm**  
Tim & Lydia Beal  
263-7551; moonhillfarm@yahoo.com  
Facebook: Moon Hill Farm  
200 Moon Hill Road, MARION  
Blueberries  
Delivers monthly: to regions throughout Hancock and Washington Counties  
Note: Certified Organic

**Morgan Bay Farm**  
Kate Mrozicki  
266-2853; morganbayfarmmaine@gmail.com  
Facebook: Morgan Bay Farm  
668 Morgan Bay Road, SURRY  
Vegetables  
Delivers to: Surry upon request  
Note: Our vegetables are grown organically; soon to be certified.

**New Moorings Farm**  
Doug & Angie Wollmar  
359-8720; newmooringsfarm@gmail.com  
22 Christy Hill Road, SEDGWICK  
Vegetables  
Delivers to: Ellsworth & Blue Hill Peninsula

**Old Ackley Farm**  
Bob Sullivan & Colleen Prentiss  
374-5919; oldackleyfarm@hotmail.com  
42 Ackley Farm Road, BLUE HILL  
Facebook: Old Ackley Farm  
Vegetables & meat (chicken, turkey, beef, pork)  
Delivers weekly to: Bucksport, Blue Hill Peninsula, Deer Isle/Stonington, Mount Desert Island, Ellsworth  
Note: Certified Organic, raised on pasture, contact in spring to contract larger orders for fall.

**Olde Sow Farm**  
Jessika Guptill  
733-2569/263-4201; oldesowfarm@gmail.com  
Facebook: Olde Sow Farm  
1050 County Road, LUBEC  
Beef, lamb, & dairy  
Delivers to: Lubec Farmers Market & on farm pick up

**Painted Pepper Farm**  
Lisa Reilich  
546-9777; ppf@myfairpoint.net  
Facebook: Painted Pepper Farm  
55 Goods Pt Road, STEUBEN  
Goat milk products  
Delivers: to regions throughout Hancock and Washington Counties  
Note: Certified Organic; small quantities available

**Papa Grew It at Deer Meadow**  
Peter Dolliver  
244-7214; deermeadow@myfairpoint.net  
286 Seawall Road, SOUTHWEST HARBOR  
Vegetables  
Delivers upon request to: Mount Desert Island
Paul Trowbridge
Paul Trowbridge
359-8369; trowbridge.paul@gmail.com
214 Christy Hill Road, SEDGWICK
Berries & fruit
Delivers upon request to: Blue Hill Peninsula, Deer Isle, Bucksport

Peaked Mountain Farm
Daniel & Gail VanWart
843-6484; peakedmtfarm@aol.com
Facebook: Peaked Mountain Farm
16 Ellerys Lane, DEDHAM
Blueberries
Delivers upon request to: Gouldsboro, Deer Isle/Stonington, Franklin, Ellsworth, Blue Hill Peninsula, Bucksport, Eastbrook/Amherst, Mount Desert Island
Note: Certified Organic; fresh or frozen

Poland Family Farm, LLC
Kevin Poland
266-0672; kwpoland@gmail.com
www.polandfarm.com
410 Falls Bridge Road, BLUE HILL
Vegetables & Meat (pork, beef)
Delivers weekly or monthly to: Blue Hill Peninsula, Deer Isle/Stonington
Note: Certified Organic vegetables, grass fed/grain fed natural pork & beef

Port Clyde Fresh Catch
Dick McGee
372-1055; pcfcfish1@aol.com
www.portclydefreshcatch.com
PO Box 223, PORT CLYDE
Seafood (groundfish, shellfish, shrimp)
Delivers upon request to: Mount Desert Island, Blue Hill Peninsula, Bucksport, Ellsworth
Note: Fishermen’s co-op; 30 lb. minimum

Quill’s End Farm
Heather and Phil Retberg
326-9082; phabc@localnet.com
192 Front Ridge Road, PENOBSCOT
Vegetables, berries, meat, & dairy
Delivers weekly to: Deer Isle/Stonington, Blue Hill Peninsula, Bucksport

Red Bird Farm
Sheila Chretien
615-9525; redbirdfarm84@yahoo.com
PO Box 84, HARRINGTON
Vegetables & herbs
Note: Certified Organic
Delivers to: Milbridge, Mount Desert Island

Robb Hill Farm
Karen Herrick
454-3130; leafandtendril@gmail.com
176 Robb Hill Road, ALEXANDER
Vegetables
Delivers to: Alexander & Princeton
Note: Organic practices

Roo Berry Farm
Toby Lamb
497-5599/271-1211 (c); tobylamb@aol.com
13 Great Bar Road, JONESPORT
Fruit & blueberries
Delivers: to regions throughout Hancock and Washington Counties

Salty Dog Farm
Sasha Alsop & Samuel Cheeney
546-2676; saltydogfarm@gmail.com
Facebook: Salty Dog Farm
269 Back Bay Road, MILBRIDGE
Vegetables & eggs
Delivers to: MDI, Milbridge Farmers Market, Machias Farmers Market

Shalom Orchard
Charlotte Young
565-2312; charlotte@shalomorchard.com
www.shalomorchard.com
PO Box 4, FRANKLIN
Vegetables & fruits
Delivers daily to: Ellsworth & MDI
Note: Certified Organic

Simons Hancock Farm
Todd, Ron & Marie Simons
667-1359
Farmer Ron Road Box 252, SULLIVAN
Vegetables & berries/fruit
Delivers weekly to: Schoodic Peninsula, Deer Isle, Franklin/Sullivan, Ellsworth, Blue Hill Peninsula, Bucksport, Eastbrook/Amherst
Shore Road Farm
Carol Bryan
853-4750; scythe@scythesupply.com
www.scythesupply.com
496 Shore Road, PERRY
Highbush blueberries, garlic, & potatoes
Note: Organic growing methods
Delivers: by request to Washington County

Smith Family Farm
Maggie Smith
288-4848; mdidairy@gmail.com
www.smithfamilyfarm.me
317 Crooked Road, BAR HARBOR
Dairy, meat, & vegetables
Delivers weekly to: Ellsworth, Blue Hill Peninsula, Mount Desert Island

Stoneset Farm
Clara & Nathan Rutenbeck
359-5513
261 River Road, BROOKLIN
Blueberries
Note: Certified Organic

The Andrews’ Place
Stan Andrews
454-0529; sbaint@rsonline.net
380 Charlotte Road, CHARLOTTE
Vegetables
Delivers weekly to: Eastport, Calais, Charlotte

Thyme’s Up
Lynn Bradbury
733 2396; 21 Crow’s Neck Road, LUBEC
Organic Garlic
Delivers to: Lubec monthly

Tide Mill Creamery
Rachel Bell & Ethan Bien
733-7533; tidemillcreamery@gmail.com
www.tidemillcreamery.wordpress.com
103 Tide Mill Road, EDMUNDS
Dairy
Delivers weekly to: Machias, Calais, Eastport, Lubec, Milbridge, Ellsworth, MDI
Note: Certified Organic

Tide Mill Farm
Carly DelSignore & Aaron Bell
733-2551; eatlocal@tidemillorganicfarm.com
www.tidemillorganicfarm.com
91 Tide Mill Road, EDMUNDS
Vegetables, dairy, & meat
Delivers weekly to: Lubec, Machias, Calais, Eastport, Schoodic Peninsula, Ellsworth, Mount Desert Island
Note: Certified Organic

Weber Farm
Chuck Weber
667-7081
955 Douglas Hwy, LAMOINE
Vegetables
Delivers weekly to: Hancock, Lamoine, Ellsworth
Note: Certified Organic

Wight’s Orchard
Gail Wight
469-3773
Route 46, BUCKSPORT
Pick your own Apples

Wind and Sun Farm
Dan Huisjen
326-0576/610-2872; huisjen@midmaine.com
304 Varnumville Road, BROOKSVILLE
Vegetables
Delivers weekly to: Deer Isle & Blue Hill Peninsula

Yellow Birch Farm
Missy Greene & Eric Ziner
348-2601; greeneziner@localnet.com
www.yellowbirchfarm.com
73 Reach Road, DEER ISLE
Vegetables
Delivers upon request to: Deer Isle/Stonington
Note: Organic practices
Field Trip-Friendly Farms

The following farms all welcome school field trips, which can be an affordable, exciting, and fun way to engage students outdoors. While on the farm, students will build connections with the people who grow their food, and they will also gain a deeper understanding of where their food comes from.

To Farmers: Please let us know if you would like to add your farm to this list by emailing Nikki Fox at nikki@healthyacadia.org.

Hancock County

Beech Hill Farm (7) - Mount Desert
Blue-Zee Farm (8) - Penobscot
Darthia Farm (9) - Gouldsboro
Fisher Farm (9) - Winterport
Happytown Farm (9) - Orland
Horsepower Farm (10) - Penobscot
Kenona Farm (10) - Osborn
King Hill Farm (10) - Penobscot
Lucy's Granola (10) - East Blue Hill
Old Ackley Farm (11) - Blue Hill
Quill's End Farm (12) - Penobscot
Shalom Orchard (12) - Franklin
Simons Hancock Farm (12) - Hancock
Smith Family Farm (13) - Bar Harbor
Wight’s Orchard (13) - Bucksport
Yellow Birch Farm (13) - Deer Isle
  (blacksmith shop & pottery studio also on farm)

Washington County

Alice Farm (7) - Alexander
Beddington Ridge Farm (7) - Beddington
Bedlam Farm (7) - Edmunds
Cranberry Dream (8) - Calais
Growing Concern Farm & Nursery (9) - Calais
Folklore Farm (9) - Columbia
Kilby Ridge Farm (10) - Dennysville
Shore Road Farm (13) - Perry (compost making demos)
Tide Mill Creamery (13) - Edmunds
Tide Mill Farm (13) - Edmunds

Photo Credits:

Cover Photo: Getting the Fields Ready at Folklore Farm (9), Columbia
Table of Contents: A Bountiful Harvest at King Hill Farm (10), Penobscot
  Page 1: Working with Horses at Mandala Farm (11), Gouldsboro
Making Apple Cider at Mount Desert Elementary School, Northeast Harbor
  Page 2: Garlic Scapes at Old Ackley Farm (11), Blue Hill
Tending the Garden at Tremont Elementary School, Tremont
Cranberry Harvest at Bradshaw’s Cranberry Farm (8), Dennysville
  Page 15: The Apple Project at Miles Lane School, Bucksport
Opportunities to Increase Local Food Purchasing

School Supported Agriculture

Healthy Acadia’s School Supported Agriculture (SSA) Program connects farmers and school cooks in the early spring to establish purchasing expectations for the following fall. Healthy Acadia’s Farm to School staff assist in drafting a non-binding agreement that includes products the cook is interested in purchasing, along with quantities, pricing, best delivery and communication methods, and contact information. This helps the farmers plan their planting accordingly to ensure availability for the school and lays out expectations for each party. The SSA helps to ensure that purchasing can begin as soon as the school year starts, which helps to maximize overlap with the growing season. Are you interested in getting assistance to set up a successful Farm to School connection in your cafeteria? Let us know and we can assist you!

The Apple Project

Healthy Acadia’s Apple Project is a program that we offer to all schools across Hancock and Washington Counties, free of charge. Our Washington and Hancock County staff offer programming in numerous schools, reaching thousands of students.

In the first session at each school, a taste testing of locally-grown heirloom varieties introduces students to new flavors and piques their interest. This is followed by a discussion about the region’s apple heritage and diversity, the kids’ own apple experiences, and the biology and ecology of the apple tree. At the end of the first session students are instructed to go out into their own backyards and communities to harvest apples. At the second session, usually the following week, the Farm to School staff returns to the class and leads a hands-on apple cider pressing with apples that the students have gathered. The lessons that day include how to make cider, other uses of apples, and the history of cider.

Maine Harvest Lunch

For one day or week each fall, school districts across the state, including those in Hancock and Washington Counties, participate in the Maine Harvest Lunch - a celebration of the bounty of Maine’s harvest, featuring local foods on the school menu. Many resources are available to make this not only a tasty, but also an educational and community-building annual event. As an outgrowth of this event, many schools are now purchasing food from Maine farms and other food producers year round! Contact us for more information on supporting the Maine Harvest Lunch program.

For more information about any of Healthy Acadia’s Programs or to get involved, contact:

Katie Freedman: 667-7171 ext 13 - katie@healthyacadia.org
Nikki Fox: 667-7171 ext 10 - nikki@healthyacadia.org
Regina Grabrovac: 263-4396 - regina@healthyacadia.org
Healthy Acadia is a community health coalition, dedicated to building vibrant communities and making it easier for all people to lead healthy lives throughout Hancock and Washington Counties. The coalition has been working across the region for the past 12 years and is a Healthy Maine Partnership. Healthy Acadia creates lasting improvements to the health of communities by connecting individuals with health supports, building partnerships, coordinating education and prevention services, and improving policies and environments.

Healthy Acadia’s Downeast Farm to School program began in 2005 to engage local communities in improving local food systems. The Farm to School Program builds connections between schools and producers, increases healthy food options and educational opportunities for students, and supports area farmers, fishermen and other food producers.

www.healthyacadia.org
# Seasonal Availability of Maine Fruits & Vegetables

## FRUIT
- Apples
- Blackberries
- Blueberries, Highbush
- Blueberries, Wild
- Cranberries
- Grapes
- Pears
- Plums
- Raspberries
- Rhubarb
- Strawberries
- Cantalope/Watermelon

## VEGETABLES
- Arugula
- Asparagus
- Beans (snap, wax)
- Dry beans
- Beets
- Beet Greens
- Broccoli
- Brussels Sprouts
- Cabbage
- Chinese Cabbage
- Carrots
- Cauliflower
- Sweet Corn
- Cucumbers
- Eggplant
- Garlic
- Kale/Collards
- Leeks
- Lettuce/Mixed Greens
- Onions, bulb
- Onions, scallions
- Parsley
- Parsnip
- Peas (shell)
- Peas (edible pod)
- Peppers
- Potatoes
- Pumpkins
- Radishes
- Rutabaga
- Spinach
- Summer Squash
- Winter Squash
- Swiss Chard
- Tomatoes
- Turnips

## OTHER
- Plants (annual bedding)
- Cut flowers
- Herbs
- Herb plants

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**PLEASE NOTE:** These bars represent average dates based on the beginning and middle of the months. Availability can vary widely from one end of the state to the other with such factors as locality, weather and variety grown. This chart is meant to serve as a guide for shopping for real fresh produce so you will know when to expect to getrealmaine on your grocer’s shelves, direct from a farm stand or at a farmers’ market.