

Baileyville Police Department
63 Broadway, Baileyville, 207-427-6203

Calais Police Department
312 North Street, Calais, 207-454-2751

Eastport Police Department
28 Water Street, Eastport, 207-853-4353

Machias Police Department
Valley View Road, Machias, 207-255-8558

Maine State Police
Troop J Ellsworth, 207-667-3722, Bangor-
1-800-432-7381/973-3700 or
1-800-7524-7900

Maine Drug Enforcement Agency Tip
Line:
1-800-452-6457
or submit tip confidentially online:
[Hhttp://www.maine.gov/dps/mdea/drugtip.h](http://www.maine.gov/dps/mdea/drugtip.html)
[tml](http://www.maine.gov/dps/mdea/drugtip.html)

Maine Drug Enforcement Agency
(MDEA) Department
Washington County/Hancock,
1-800-432-7381
Ralph Pineo, Special Agent of the
Downeast Task Force

Washington County Sheriff's Office
47 Court Street, Machias,
207-255-6871/4422/3434

Bar Harbor Police Department
[37 Firefly Lane, Bar Harbor;](#)
(207) 288-3391

Bucksport Police Department
89 Franklin Street, Bucksport;
(207) 469-7951

Ellsworth Police Department
[1 City Hall Plaza, Ellsworth;](#)
(207) 667-2168

Hancock County Sheriff's Office
[50 State Street, Suite 10, Ellsworth;](#)
(207) 667-7575

Mount Desert Police Department
[21 Sea Street, Northeast Harbor;](#)
(207) 276-5111

Southwest Harbor Police Department
[26 Village Green Way, Southwest](#)
[Harbor;](#)
(207) 244-7911



Terri Woodruff,
Community Health Program Manager
121 Court Street, Suite A, Machias, ME. 04654
terri@healthyacadia.org
207-255-3741, ext. 106



Tara Young, MBA, PS-C
Community Health Program Coordinator
Healthy Acadia
Ph. 207-667-7171, ext. 224
Fax 207-667-7173
tara@healthyacadia.org

SAFE HANDLING & DISPOSAL OF NEEDLES AND SYRINGES

Equipment : thin, disposable latex, vinyl or nitrile gloves, sharps container, grabber or tongs	
Procedure	Precautions
Step 1 Put on disposable latex or vinyl gloves. Gloves will not prevent the wearer from being injured but will form a clean barrier between the hands and the syringe.	Do not attempt to recap the needle – this is how most accidental needle-stick injuries happen. The cap is usually bright orange and can be disposed of separately. Do not break, bend or otherwise try to render the syringe useless.
Step 2 Bring your rigid-walled, puncture- resistant, sealable, sharps container to the syringe.	Take the sharps container to the syringe, do not walk with the needle/syringe.
Step 3 Place the container on the ground or flat surface beside the syringe.	Do not hold the sharps container or ask another person to hold it as you are disposing of the syringe.
Step 4 Pick up the syringe by the middle of the barrel.	The safest method of picking up a syringe is by using a grabber or tongs. Wear thin, disposable gloves that do not hinder dexterity. Do not crack the plastic barrel of the syringe or flick the syringe.
Note Do not use a dustpan & brush to “sweep up” the syringe as the sweeping movement can cause the syringe to flick into the air and cause further risk.	Plastic tweezers are not recommended as they may also cause the needle/syringe to flick (commonly bright colored and found in many ‘sharps disposal kits’ sold at pharmacies etc).
Step 5 Place the syringe in the container sharp end first.	Keep the sharp end of the needle facing away from you at all times.
Step 6 Securely place the lid on the container and ensure it is sealed. Hold the container by the top when carrying.	Contact your local health department regarding safe ways to dispose of your sharps container. or Healthy Acadia 207-255-3741, WC and 207-667-7171, HC
Step 7 Remove gloves carefully so any contaminated fluid on the glove does not come into contact with your hand. Wash your hands with running water and soap.	Other items that have come into contact with blood (i.e. gloves) should be disposed of in the same container as the used syringe or placed into double plastic bags and then into the rubbish.

What to do if a needle stick injury occurs:

- Stay calm.
- Encourage the wound to bleed (gently squeeze).
- As soon as possible wash the area with running water and soap (if available).
- Apply an antiseptic and band-aid.
- It is important to be medically assessed as soon as possible. Visit your local doctor or hospital emergency department promptly; they will manage blood testing, counselling and possible hepatitis B and tetanus vaccination and/or medication.
- Dispose of the needle/syringe safely. Testing of syringes is usually not conducted so there is no need to keep the syringe.

Healthy Acadia is a community health organization serving Hancock and Washington Counties. We engage in a broad range of initiatives that build healthier communities and make it easier for people to lead healthy lives. These initiatives include: creating healthy environments in the workplace, the home, and at school; farm to school programs; promoting active lifestyles; improving food security and nutrition; positive social development; and preventing tobacco use and substance misuse.

Terri Woodruff, Community Health Program Manager, 121 Court Street, Suite A, Machias, ME 04654; terri@healthyacadia.org, 207-255-3741, ext. 106. Tara Young, MBA, PS-C, Community Health Program Coordinator, tara@healthyacadia.org 207-667-7171, ext. 224,