Building Leaders for Tomorrow

DownEast Teen Leadership Camp (DE TLC) is an annual, five-day residential summer camp program for teens entering grades 7 to 9, hosted by Healthy Acadia and held at the University of Maine at Machias. DETLC primarily serves Washington County youth, though teens from Hancock County and beyond are also welcome.

The vision of DETLC is to provide teens with social, communication and leadership skills to support emotional resiliency and to deter misuse of substances, including tobacco, alcohol and other drugs.

DETLC is deeply impactful for the youth who participate. The program and staff combine a positive summer experience with opportunities for teens to build their knowledge and tools to help them make healthy choices, strengthen emotional resilience, and hone leadership skills. Campers can build on their DETLC experience with our ongoing school-based programming and participation in Healthy Acadia’s regional DownEast Youth Action Team (DEYAT), which assists with DETLC planning throughout the year.

“I can easily say I've met some of the most incredible people during my experiences at camp.”
OBJECTIVES

• Improved positive self-esteem
• Better understanding of individual motivations, passions and goals
• Development of problem-solving, critical thinking and leadership skills
• Increased understanding of substance use issues and knowledge of positive alternatives
• Reduced likelihood of using/misusing tobacco, alcohol, and other drugs in the future
• Continued development of leadership skills throughout the coming year

IMPACT

Since 2000, DETLC has motivated and inspired over 475 teens from rural Washington County and beyond to live substance free and serve as positive role models and inspiring civic leaders in their schools and communities. DETLC has typically attracted more than 25 teens each year, and recent enrollment has more than doubled, with 57 teens attending in 2018.

WE NEED YOUR HELP

Though the cost of running DETLC in 2019 is $500 per camper, we limit tuition to just $200 per camper so as not to deter youth from registering. We also offer significant scholarships based on need. Scholarships and camp costs not covered by camper fees are paid for through local sponsorships and grant funding. To continue to provide camp for everyone, we need your help. Please consider donating to ensure that the full cost of serving 50 campers is covered. Your gift will ensure that DETLC continues not only to exist, but to serve as many youth as are interested, regardless of their ability to pay.

SPONSOR A CAMPER

Invest in building leaders for tomorrow by sponsoring a DETLC camper at one of the following sponsorship levels:

• **YOUTH TRAILBLAZER:** $1,000 (5 CAMPERS*)
• **YOUTH INNOVATOR:** $400 (2 CAMPERS*)
• **YOUTH PATHFINDER:** $200 (1 CAMPER*)
• **YOUTH SUPPORTER:** $100 (½ CAMPER*)

To learn more about how you can make a donation, contact Shoshona Smith at Shoshona@HealthyAcadia.org or 207-255-3741

*at the subsidized tuition rate of $200 per camper