

DownEast Teen Leadership Camp

Learning Today to Lead Tomorrow



Building Leaders for Tomorrow

DownEast Teen Leadership Camp (DETLC) is an annual, five-day residential summer camp program for teens entering grades 7 to 9, hosted by Healthy Acadia and held at the University of Maine at Machias, primarily serving Washington County youth.

The vision of DETLC is to provide youth with social, communication and leadership skills to promote resiliency and to deter misuse of substances, including tobacco, alcohol and other drugs.

DETLC is deeply impactful for the youth who participate, in terms of their opportunity to have a positive summer experience, the knowledge and tools they gain to make healthy choices, as well as the leadership skills they develop during camp and build throughout the following years with our ongoing school-based programming.

“It is my favorite camp and I hope to come back next year as staff.”



Team Building

Students engage in fun activities and games with teams and family groups



Daily Workshops

Topics include
Tackling Peer Pressure, Substance 101, Dare to be Different, & more



Guest Speakers

Interactive presentations by nationally renowned motivational speakers and educators

“Camp was a positive experience for me! It created an opportunity to connect with youth from all over Washington County.”

OBJECTIVES

- Improved positive self-esteem
- Better understanding of individual motivations, passions and goals
- Development of problem-solving, critical thinking and leadership skills
- Increased understanding of substance use issues and knowledge of positive alternatives
- Reduced likelihood of using/misusing tobacco, alcohol, and other drugs in the future
- Continued development of leadership skills throughout the coming year

IMPACT

Since 2000, DETLC has motivated and **inspired over 425 adolescents** from rural Washington County and beyond to live substance free and serve as positive role models and inspiring civic leaders in their schools and communities. DETLC has typically attracted more than 25 teens each year, and **recent enrollment has nearly doubled, with 49 teens attending in 2017.**



“Thank you, staff. You listened, you helped. I was given courage and kindness.”

WE NEED YOUR HELP

The cost of running the camp is \$700 per camper, however we limit the camper fee to \$200 so as not to deter youth from registering. We also offer significant scholarships based on need. Scholarships and camp costs not covered by camper fees are paid for through local sponsorships and grant funding. **To continue to provide camp to everyone, we need your help. Please consider donating to ensure that the full \$35,000 - the cost of serving 50 campers - is covered.** Your gifts will ensure that camp continues not only to exist, but to serve as many youth as are interested, regardless of their ability to pay.

SPONSOR A CAMPER

Invest in building leaders for tomorrow by sponsoring a DETLC camper at one of the following sponsorship levels:

- **YOUTH TRAILBLAZER: \$1,000 (5 CAMPER FEES)**
- **YOUTH INNOVATOR: \$400 (2 CAMPER FEES)**
- **YOUTH PATHFINDER: \$200 (1 CAMPER FEE)**
- **YOUTH SUPPORTER: \$100 (½ CAMPER FEE)**

To learn more about how you can make a donation, contact Terri Woodruff at Terri@HealthyAcadia.org or 207-255-3741

